

How to Care for Your Pressure Garment

1. Pressure garments should be worn 23 hours per day and removed only for bathing.
2. Garments should be hand-washed daily using a mild laundry detergent in cold to lukewarm water and should be set to dry naturally in a shaded area. Do not launder pressure garments in a washing machine; do not dry them in a machine dryer, or hang to dry in direct sun. Failure to follow these instructions will damage the garment.
3. Pressure garments are only to be worn on dry skin, as various creams, oils and ointments may damage the fabric.
4. Treatment time with pressure garments varies between 12-24 months, and is determined by your therapist.
5. The fabric's unique properties last for between two to four months, according to each specific case. Your therapist will decide when a new garment should be ordered.
6. You may engage in any activity while wearing pressure garments, including sports. If you swim in the ocean or in a chlorinated pool with your pressure garment on, be sure to rinse it immediately after with fresh water. If performing manual labor, protect your pressure gloves by wearing work gloves over them.
7. In order to preserve the fabric's elasticity, handle the pressure garment carefully. Pull only on the cloth itself when donning the garment, and not on the elastic bands and stitches.
8. Should you experience any abnormal symptoms (intense pain, swelling, changes in skin color or temperature), remove the pressure garment immediately and refer to your therapist.

Wishing you a complete recovery,

The Comar Team